

# Perspective

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May - 2008

# Renda Brumbeloe will share How The Airlines (Sometimes) Work at the May 12 ASP Luncheon

by Shirley Mears

Academy of Senior Professionals member Renda Brumbeloe has a multi-vocational career that ranges from high school choral music, ministry of music, aviation; he is now a retired Captain from United Airlines.

Born in Alabama, Brumbeloe, the fourth of seven children, was reared in a Church of the Nazarene



Renda Brumbeloe

parsonage. He holds bachelor and master degrees in music, with a major in piano performance, from the University of Alabama.

In a multi-vocational career, he taught and judged high school choral music in Alabama and Florida and for 22 years, has served churches as ministry of music in Ala-

bama, Florida, and Oklahoma until 1987.

He began an aviation career while in college, earning flight instructor and commercial airline pilot ratings, and instructed at Flight Safety International. In 1987 he was hired by United Airlines and is now a retired Captain from that airline with over 20 thousand flight hours.

Brumbeloe has served as an adjunct music professor at Southern Nazarene University, church board member, and Sunday school teacher. He is an avid reader, student of the Bible, and has written a Men's Bible Study curriculum entitled *Scripting Our Lives*.

He has written articles for several aviation industry and religious magazines and authors a religious

blog at <u>www.rendabrumbeloe.org</u>. He is currently preparing a book about the spiritual perspectives of an airline pilot. A free subscription to his weekly *Morning Musings* email is available upon request at rendaual@aol.com.

Renda and his wife, Sharon, a registered nurse, have two married daughters, four granddaughters, and live near Oklahoma City.

All members and guests are urged to make their plans to hear Renda Brumbeloe, Monday, May 12<sup>th</sup>. The buffet luncheon in the Heritage Room of the Webster Commons on the Southern Nazarene University campus begins promptly at 11:15 a.m. The luncheon program starts at noon and ends promptly at 1:00 p.m.

### Important luncheon reservation information:

- Members: If you have not been contacted by one of our telephone callers by Thursday, May 8, then please call Mrs. Aleen Drumeller, ASP Telephone Committee Chairperson, at 405-265-0302
- Guests: Please call the SNU Office of Alumni Relations at 491-6312 or email ASP@snu.edu
- All: The cost of the luncheon is \$5.00. Kindly make your reservation(s) by Thursday, May 8<sup>th</sup>

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Have a Happy Summer!





### Your president's point of view: by Jack David Armold

# Solitude melts loneliness and is a forerunner to service

What a lovely surprise to discover how unlonely being alone can be.

--Ellen Burstyn, actress (1932-)

Three words in English are derivatives of the Latin word solus. One is aloneness which is a very neutral term. There is loneliness, which is a negative term. Then, there is solitude. In many ways solitude is a way of dealing with our aloneness. As a human being, I am alone. That is a reality. In a deep, profound way, I am alone in the world. As English novelist Charles Percy Snow (1905-80) said in his famous lecture The Two Cultures, "We come into this world alone, and we die alone."

If a human being is alone, in the sense that his or her uniqueness excludes him or her from entrance into every part of another person, there is a kind of separateness. It is fascinating and important to know that we constantly struggle to overcome that separateness, particularly because we feel that our aloneness quickly becomes loneliness. This is probably one of the greatest sufferings of our time: people are lonely and live in quiet desperation.

In friendship, for example, there is an enormous amount of loneliness, a sense of a yearning for togetherness. When this yearning is not satisfied, many young and older people suffer from loneliness. It is the search arising from loneliness that people are looking for communion.

These lonely people are looking for something to solve their pain. They use drugs as stimulation; they use traveling or visiting people; or, they stay busy. The more people do these different things—even work—the more they discover that they do not really find the solution to their loneliness.

Church father and philosopher Augustine (354-430) wrote, "My heart is restless until it rests in you, O, Lord." On a very deep level, we know that if we want human beings or human structure to solve our loneliness, we can quickly become demanding and obsessive. Listening becomes overhearing, and looking tenderly becomes looking suspiciously.

Solitude is the way to embrace, befriend our

Continued next column

2008

"Sharing a **Continuous** Flight"

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aloneness as a positive gift. It is like Jesus is saying, "Befriend your pain, befriend your cross." If we embrace it and enter deeply into our loneliness, it can be converted to solitude.

A great leap of faith is necessary to embrace and accept our aloneness, as we embrace our pain; our trust will get us in touch with the One who alone can satisfy. The problem with God is that He has given us a heart that no human being can satisfy; only God can satisfy.

Solitude is a discipline in which we can deal with our loneliness in such a way that it does not destroy ourselves or others, but instead it becomes a place to discover the truth of who we are. We are created by a God who wants all our attention and who wants to

Continued on page 6-Armold



# ASP PICS

# PHOTOGRAPHY BY EUNICE TRENT & ELBERT OVERHOLT







kBrandt Cassidy, RIG speaker



Park Burkhart



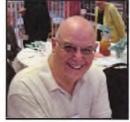
Kathlene Sodowsky & Maurine Dickerson



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Travis Powell Anita Kelley Teal Ridge Retirement Village



Cheri Pack, Jack Armold
Commons Manager ASP President



Willis Snowbarger

### PICTURES FROM THE ACADEMY OF SENIOR PROFESSIONALS — APRIL LUNCHEON



Nona Burkhart, Dinner Music



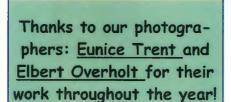
Emmalyn German & Eunice Trent



Roy & Rebecca Dorris



Bobbie Loper, Renda Brumbeloe, Harold Dozier Joan Dozier, Marcia Grantham





Gwynneth Ledbetter, Lynn Poole, Gerri McClaflin



Library Resources by Bea Flinner

### THE HOME BOOK OF VERSE

Selected and Arranged by Burton Egbert Stevenson by Bea Flinner

Many people will be looking forward to a wonderful vacation, so I am not going to recommend a book for reading at your leisure. Instead, my thoughts are about a wonderful (very large) book of poetry. However, you may think twice before checking it out because it has 4,000 (very thin) pages—and is *four inches thick!* 

The first publication was in 1912, (with many following), and it is still listed on the computer. The poems are categorized under specific headings, which is helpful. I have chosen one for this report — "A MIDSUMMER SONG", by Richard Watson Gilder (1844-1900), and have read it aloud a number of times.

O, FATHER'S gone to market-town, he was up before the day,
And Jamie's after robins, and the man is making hay,
And whistling down the hollow goes the boy that minds the mill.
While mother from the kitchen-door is calling with a will:
"Polly!—Polly!—The cows are in the corn!
O, where's Polly?"

From all misty morning air there comes a summer sound—
A murmur as of waters from skies and trees and ground.
The birds they sing upon the wing, the pigeons bill and coo,
And over hill and hollow rings gain the loud halloo:
"Polly!—Polly!—The cows are in the corn!
O, where's Polly?"

Above the trees the honey-bees swarm by with buzz and boom,
And in the field and garden a thousand blossoms loom.
Within the farmer's meadow a brown-eyed daisy blows,
And down at the edge of the hollow a red and thorny rose.
But Polly!—Polly!—The cows are in the corn!
O, where's Polly?

How strange at such a time of day the mill should stop its clatter!

The farmer's wife is listening now and wonders what's the matter.

O, wild the birds are singing in the wood and on the hill,

But Polly!—Polly!—The cows are in the corn!

O, where's Polly?

Richard Watson Gilder (1844-1900)

-IN THE SNU LIBRARY-

### MORE PICS FROM ASP AND PEER LEARNING NETWORK LUNCHEONS



Dale German, Syble George, Lawanda Allison, Nelda Moore, Bea Flinner, Emmalyn German



Joyce Ellis, Kathleen Stearns
Paul & Anna Scheie



Hank Lehmeyer & Helen Bradley Lehmeyer ( newly married)



Margaret Dawson, Part Burkhart



Emmalyn and Dale German



Ruby & Tim Griffith Roy Franklin



Charles Harrison Cheryl Rains Martin Grantham



Miltie Brasher



Casey Robinson, Morgan Weber, Clarence & Aleen Drumeller



### **NEWS TO USE**

by Shirley Mears

Capturing Memories

Summer vacations will be here soon, many of us will have an opportunity to spend time with friends, families and grandchildren. I've learned of a wonderful way to send messages to children of the future through the work of Tony and Grace Silva. Their website is www.narrowwaystudios.com, and they can be reached at 405-412-9883.

Tony and Grace will come to your home and do a video recording of you with your grandchildren, capturing smiles, giggles, and stories. It would be a wonderful way to share memories of precious treasures, maybe not the monetary variety, but the treasures of a person's childhood.

A video explaining to the children why a family heirloom is special, and how they could become the guardian of that treasure and story to pass on to their children. It is a wonderful way to connect to future generations and a way to document important family history.



# RIG, WHAT'S NEW? by Paul Scheie

{RIG = Research Interest Group}

### How are you with myths? How would you categorize the following?

- 1) The average person needs to drink eight glasses of water per day to avoid becoming "chronically dehydrated".
- An early experiment in subliminal advertising resulted in a movie theater/s increased sales of popcorn and Coke.
- The middle name of President Harry Truman was just the letter 'S'.
- 4) A University of Texas student loses both kidneys to organ thieves.

Apparently, tracking down the sources and veracity of myths can be quite difficult. Many myths keep circulating for years, probably by those who believe them, or want to believe them. A current TV offering, Myth Busters, attempts to entertain while checking out some myths that can be dealt with in a TV format. A WEB site also has been set up to deal with myths in various categories. The site categorizes myths as "true", "false", "undetermined", "having multiple truth values", and "of unclassifiable veracity". The site can be found at www.snopes.com. The above 4 myths can be found at this site. Only one is considered true by the site's authors. The other 3 are considered false. Do you agree with the decisions found there? Is a myth that is found to be true still a myth? For those without internet access, the myth considered to be true will be announced at the May meeting of the ASP. There will be no RIG meeting in May. Think about October.



The Academy Perspective

## SNU Offers SeniorAdult "Brain Calisthenics"

by Brenda Styers, ASP Director

A recent study showed that adults who exercise their brains, along with healthy eating and physical exercise, reduce the risk of developing memory loss diseases. Some people call this exercise "Brain Calisthenics."

Knowing that some people learn best through "traditional" or "formal" education methods (or they simply make a stronger commitment when investing their hard-earned money), Southern Nazarene University provides a wonderful opportunity to "exercise the brain" through its "non-degreed" Senior Adult Education program. Through the program, adults over the age of 55 can take undergraduate courses for personal interest or enrichment. The following policies apply to this program:

- The cost is \$15 per course hour, plus any course-specific fees (i.e. lab fees).
- Payment must be made at the time of registration. Tuition and fees are non-refundable.
- Class sizes are limited. Registration for courses in this program begins the first day of the semester, thus, assuring all full-paying students have access to the courses they need to complete their degree.
- Maximum credit hours per semester are six (6). Maximum credit hours for the program are 40, regardless of whether courses are audited or repeated.
- The program does not include mini-term, summer, on-line, degree-completion, and graduate courses.

The Office of Academic Affairs will release the approved Senior Adult Education program course list for the 2008—2009 academic year in the next few weeks. Check the ASP section of the SNU website for this list. Go to www.snu.edu/alumni. Select "Academy of Senior Professionals" at the left.

For senior adults seeking a degree, contact the SNU Office of Academic Affiars (405-789-6400) for more information about taking classes for full credit.



# Academy Obituaries

### Esther Schandorff

Mrs. Esther Schandorff spent several of her retirement years in Bethany, Oklahoma.and was an Academy member for a few years. She went to be with the Lord on Easter Sunday, March 23, 2008. She was living in Nampa, Idaho at the time of her death.

Esther completed her bachelor's degree from Pasadena College in 1951. and served in the Navy Medical Corps. She received a master's degree from USC in 1954. She worked in the Pasadena library for 32 years, many as head librarian.

Esther's life was filled with travel, service, family, church and friends. Her contribution to ASP will be well-remembered. Continued from page 2—Armold give us all the love that we need.

I spend more time with myself than anyone else. Would it not make sense to put energy into making that relationship as fulfilling as possible? Another person cannot prevent me from feeling lonely, but my inner emptiness *can* be satisfied. I am a worthwhile companion.

Today, when I am by myself, I know that I am in good company. When I stop expecting others to meet all of my needs, I find new and exciting ways to enjoy my own friendship. When I do get lonely, I have a loving Comforter who never leaves me.

Mark Carroll, my Dallas friend and mentor, recently introduced me to the book and compact disc, *Beloved: Conversations with Henri Nouen*, which greatly influenced me to write about solitude and service in this editorial. Internationally known author, respected professor, and beloved pastor Nouen (1932-96) dedicated his life to the spiritual values of communion, community, and service. He enlightened his readers to pursue a deepening and revalidation of silence and solitude as precursors to service. He showed his readers how to incorporate an active lifestyle with the integral gifts of stillness, aloneness, and active compassion as essential ingredients on the way of Christ.

We can look within ourselves and can find valuable assets, special resources, and hidden talents that can be shared. When thoughts are turned outward in search of usefulness and service, loneliness melts and disappears.

Beginning with one effort, such as spending an unselfish hour with someone "who has no one," produces a miracle for the giver and the receiver. If these two individuals should remember another person in need and go together to him or her, three or more agents of caring are now in action. Sharing these priceless gifts of caring, encouragement, appreciation, and praise can fill our day with rich purpose. Syrian poet and painter Kahlil Gibran (1883-1931) wrote the following maxim in *The Prophet*:

There are those who have little and give it all.

These are the believers in life,
and their coffers are never empty.



### **ASP Calendar**

Monday: May 12, 2008

9:00 a.m. Shuttle: Sawyer to Webster Commons begins 9:30-10:45 Writing Workshop--Student Life Conference Room

11:15-1:00 Luncheon begins: Heritage Room—Commons

1:00 p.m. Luncheon meeting ends 1:00-1:30 Shuttle service **ends** 

1:15 p.m. Ad.Council: Faculty Lounge—Webster Commons

2:00 p.m. Administrative Council ends



### **ASP Events Highlights**



### Writing Workshop Returns May 12, 9:30 a.m.

Student Life Conference Room

Members/guests are encouraged to bring fiction and non-fiction they may have written, including memoirs or reminiscences.

Workshop co-chairs: Bea Flinner and Jack Armold

# Southern Nazarene University Featured On The Gospel Station Network

by Shirley Mears

Jeff Seyfert, Assistant Director, Graduate Studies in Management, has been interviewed on www.thegospelstation.com. Just find the "Ministry Interviews" tab on the left side of the home page. Both interviews are available on line.

Dr. Loren Gresham will be interviewed in May. The recorded interview will be on line as well in June. Check the website for announcements of the on air interviews, which usually run during the first 15 minutes of the hour. KIMY 93.9 fm is the closest station to Oklahoma City. The tower is located in Watonga, Oklahoma.

The Gospel Station Network has applied for additional signals with plans for an Oklahoma City opportunity. The Gospel Station Network is a non-profit 501 c3 corporation..



Watch For Our New Logo!