

Perspective

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February 2016

February luncheon speaker: Nathan Mellor.

By Shirley Mears

“How to Build a Strong and Healthy Culture: The Art and Science of Consistency”.

In 2009, Mellor along with Frank Smith of Cartridge World, founded Strata Leadership with the goal of helping businesses and organizations “improve the character and competence of their employees.” One of Strata’s divisions, Character First Education, “exists to help teachers, administrators, and parents build future leaders with character.” Another Strata branch, the Academy of Sports and Character, provides training “for coaches and athletes to build character through sports.”



Dr. Mellor spent four and half years on the staff of Oklahoma Christian University (OC) where he was involved in fund raising and church relations as well as teaching classes. When Mellor announced he was leaving OC, Alan Martin, Dean of the College of Biblical Studies, said, “His planning and visionary abilities will be sorely missed. It is my prayer that God will continue to use his talents and abilities to bless churches and communities.”

Prior to joining OC, Mellor was an assistant director for strategic planning at the Pepperdine University School of Law. Prior to that, he spent five years as the pulpit minister of Hixson Church of Christ in Chattanooga, TN. He began his professional career at Harding University as

an assistant director and co-founder of Harding’s Institute for Church and Family.

Dr. Mellor earned his undergraduate degree plus a master’s in education from Harding University. He holds another master’s and a doctorate from Pepperdine University.

Nathan and his wife Christie were married in 1997. They have two daughters.



Southern Nazarene University’s April 14 Peer Learning Network will feature Chip Bell

See page 3 for more information.



FEBRUARY 8 LUNCHEON begins at 11 AM in the Webster Commons, Heritage Room, on the campus of Southern Nazarene University. Members will receive a call to RSVP. If you have not received a call by Thursday February 7, 2016. RSVP by phone (405-728-0515) or by emailing donlinicarley@prodigy.net



President's Column

By
Leonard Skodak

The current AARP Bulletin has an article about "Random Acts of Kindness." While reading it I saw other qualities such as thoughtfulness, love and friendship.

It told of a 95 year old man with Alzheimer's. Rowland was waiting on a bench outside a supermarket while his wife was shopping. Another older man came along and sat next to him. They began to talk about their lives and their WW II service.

The stranger was particularly impressed that Rowland and his wife, Marian, had celebrated their 72nd wedding anniversary. His own wife of 52 years had recently passed away and this was his first Valentine's Day without her. He told Rowland that they came to the market frequently and he would buy her a bouquet while she shopped.

Rowland told him that he didn't know that it was Valentine's Day. "My memory isn't what it used to be". They chatted a bit more and then the man took off, returning a short time later with a bouquet of fresh flowers and handed them to Rowland. "Give these to your wife," he said. "She deserves them."

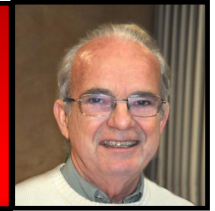
Rowland was speechless. By the time he collected himself, the man was gone. When Marian appeared with her groceries, Rowland handed her the bouquet and said "Happy Valentine's Day."

I have a very good friend who is thoughtful, sensitive and caring like the stranger was to Rowland. I wish I could say that I've done something like that for someone. Maybe I have and not been aware of it. If not, and the time should come, I trust and pray that I will be sensitive to it.



The SNU Connection

By
Howard Culbertson



The SNU Connection moment in our January luncheon featured men's basketball coach Adam Bohac and player Garrett Butler. Garrett, who graduated in December, began work this spring on a master's degree as he completes his basketball eligibility.

At the February luncheon, the SNU Connection moment will feature SNU women's tennis coach Charlie Hibbard and one of her players. Over the years, the SNU women's tennis program has qualified for 13 national tournaments. They were in the 2004 NAIA Final Four and in the NCCAA Final Four in both 2013 and 2014.

Hibbard, a graduate of SNU, is in her third season at the helm of the Crimson Storm tennis team. She spent 21 years coaching both the women's and the men's tennis teams at East Central University in Ada, OK. In the 2006-07 school year Hibbard was diagnosed with cancer and spent the spring battling it while coaching both her teams to one of their best seasons ever.



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The Director's Corner
By
Eunice Trent, Director of ASP



Morning Seminar
By
Leonard Skodak

Chip Bell to speak at Peer Learning Network

Southern Nazarene University's Peer Learning Network will feature Chip R. Bell on Thursday, April 14 at the Oklahoma Sports Hall of Fame Luncheon from 11:30 a.m. to 1:00 p.m.



Chip Bell is founder and senior partner with The Chip Bell Group and manages their Atlanta office. His consulting firm focuses on helping organizations create a culture that supports long-term customer loyalty and service innovation.

Prior to starting CBG in the '80's, he was Director of Management and Organization Development for NCNB (now Bank of America). Dr. Bell holds graduate degrees from Vanderbilt University and the George Washington University. Additionally, he was a highly decorated infantry unit commander in Viet Nam with the elite 82nd Airborne and a guerilla tactics instructor at the Army Infantry School.

Chip is the author or co-author of several books including *The 9 1/2 Principles of Innovative Service*, *Take Their Breath Away* (with John Patterson) and *Wired and Dangerous: How Your Customers Have Changed and What to do about it*,

If you are interested in attending this luncheon, please see Eunice Trent following the Academy of Senior Professionals Luncheon in February or March or contact her at etrent@snu.edu.

Sheryl Presley, Oklahoma County Triad Coordinator, will speak at the February 8 morning seminar on Triad's partnership with the community to help prevent crimes against older people. Presley is the 2015 recipient of the Brad Edwards Consumer Champion Award.



Triad is a collaborative effort between the sheriff's office, local police departments and senior citizens working together to reduce and prevent crimes against seniors.

Triad educates citizens in crime prevention and victim/witness programs for older persons. Triad also recruits and trains volunteers to assist the police and sheriff's departments. Triad provides a forum for law enforcement and the community to share needs and concerns and work together to develop solutions and identify problem areas for seniors, and develop and implement community wide solutions.

The ASP morning seminars meet in the President's Dining Room at 9:30 am.



February is American Heart Month

Heart disease is the leading cause of death for both men and women in the United States. Every year, one in four deaths is caused by heart disease. You can make healthy changes to lower your risk of developing heart disease. Controlling and preventing risk factors is also important for people who already have heart disease.



Here's how you can lower your risk.

- Watch your weight.
- Quit smoking and stay away from secondhand smoke.
- Control your cholesterol and blood pressure.
- If you drink alcohol, drink only in moderation.
- Get active and eat healthy.





LUNCHEON SPEAKER AL SOCHOR

JANUARY LUNCHEON
PICTURES
BY
HAL SWINHART



EUNICE TRENT



TREVA HILL, EMMALYN & DALE
GERMAN



JULIE DAVIS- CONCORDIA



MARK REIGHARD



SNU BASKETBALL PLAYER
GARRETT BUTLER



SNU MEN'S BASKETBALL
COACH ADAM BOHAC



RENDABRUMBELOE AND
LAWANDA ALLISON



RENDABRUMBELOE



LEONARD SKODAK



ALITA HARRIS



Music Notes
By
Wayne Sacket

Our February guest musician will be Dr. Steve Betts.

Dr. Betts is originally from Wichita, Kansas. His music education includes a B.A. from MidAmerica Nazarene University, M.M. from Wichita State University, and a Ph.D. from the University of Oklahoma.



For fifteen years he was an independent piano teacher and church musician in Wichita, KS. During this time he was also an adjunct faculty member of Wichita State University. In 1997, he became the Coordinator of Piano Pedagogy and Class Piano at LSU in Baton Rouge. From 2001 –2011 Steve served at SNU as a piano professor. In 2011, Dr. Betts went to California Baptist University in Riverside, CA where he was a professor of Music and the Associate Dean of the Shelby and Ferne Collinsworth School of Music. This past July Dr. Betts returned to SNU to become the Dean of the College of Humanities.

Where ever he has taught, he has tried to instill an emotional connection with music and to develop character and self-esteem in his students.

For fun, go online to <https://www.youtube.com/watch?v=mNZEaTMGGr0> to hear the B.C. Clark Jewelry jingle, a duet by Dr. Betts and Dr. Reighard.



ASP "Trek" Time
By
Pat Perry



Hola Mis Amigos.

I am reporting from sunny Mexico and hope the Oklahoma winter is mild and fair. I will be unavailable at times this spring. Arlita Harris has graciously agreed to help me out. Two trips are planned.

Trip # 1: OKC Retro on Saturday, April 2nd. The price is \$66 for members of the Bethany Travel Club and \$71 for non-members. Celebrate the 90th Birthday of the Mother Road by touring some old sites in OKC and visiting many historic sites including the Billboard Museum, and the Oklahoma History Center. Lunch will be at the Skirvin Hotel's Park Avenue Grill. We will follow the old segments of Rt. 66 to Edmond and visit the Round Barn and Joel Rayburn's Neon and Tourist Trap shop. After a break at Pop's in Arcadia we will head for home. Arlita can answer all your questions.



Trip # 2: Azaleas & Amish on Thursday, April 28th. The price for this trip is \$89 plus \$5.00 for optional insurance. This trip includes transportation and lunch. The morning is spent at Honor Heights Park in Muskogee. Bring your cameras I understand the flowers and fauna are beautiful. Lunch will be at the home of an Amish family in Mazie. It will be a feast and includes dessert.



I hope one or both of these trips work out for ASP members. Either Arlita or I will have more info when we get the brochures.

Blessings,

Pat Perry – 373-4157
pattperry@sbcglobal.net



The Academy of Senior Professionals (ASP) is a community of adults from various professional backgrounds who join with others in comparable circumstances in the realization of personal shared goals entailing various forms of intellectual, cultural, spiritual and service activities.

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Eunice Trent, Strategic Planning
Harold Dozier, Bylaws and Organization
Shirley Mears, Programs
Linda Carley, Membership and Calling



ASP Calendar

Monday February 8, 2016

9:00-11:00 a.m. Shuttle Service from the Sawyer Center lot
(41st and Donald) to the Webster Commons
9:30 a.m. Morning Seminar
11:00-a.m. to 1:00 p.m. Luncheon Meeting in the Heritage Room
1:00-1:30 p.m. Shuttle will return to parking lot
1:15-2:15 p.m. Administrative Council Meeting

Special Committee and Activity Leaders

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Leonard Skodak, Morning Seminar Interest Group
Carole Gossett, Book Discussion
Pat Perry, Travel Club
Wayne Sacket, Music
Mary Skodak, Get Acquainted Moments,
Howard Culbertson, SNU Connections

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